

Updates in Treating LONG COVID

VIRTUAL EVENT (ZOOM)

Tuesday, October 29, 2024, 9:00 AM to 4:00 PM CST

General Information:

- Preregistration is required by 10/17/2024
- Online registration only
- Credit card payments only
- Registration is through UI Carver College of Medicine CloudCME
- Registration Link: <https://uiowa.cloud-cme.com/course/courseoverview?P=5&EID=66415>

Target Audience:

Any healthcare professional or student interested in the care of patients with long COVID and what we are learning about the syndrome here at Iowa Healthcare

Credits:

- Physician: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in the activity.
- Nurse: The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 5.75 ANCC contact hours.
- Other Health Care Providers: A certificate of participation will be available after successful completion of the course. (It is the responsibility of licensees to determine if this continuing education

Registration Fees:

- Iowa Healthcare faculty and staff: \$30
- Non Iowa Healthcare Physicians: \$90
- Any other professional seeking education credit: \$30
- Refund: Full (minus \$10 cancellation fee) if notification received on or before October 17, 2024

Overarching Program Objectives:

- Define “long COVID” syndrome; list most common symptoms
- Discuss strategies to treat long COVID symptoms
- Identify the usual natural course/time line of long COVID
- Interpret diagnostic testing recommended for long COVID

9:00 AM	Welcome
9:05	Cardiopulmonary manifestations in Long COVID Alejandro P. Comellas, MD, Director of the ICTS Clinical Research Unit at Iowa Healthcare, Clinical Professor of Internal Medicine—Division of Pulmonary, Critical Care and Occupational Medicine
9:35	Understanding/Coping with Long COVID cognitive changes Carissa Gehl, PhD, Clinical Associate Professor of Psychiatry
10:05	Summary of current Infectious Disease research R. Todd Wiblin, MD MS, Clinical Professor of Internal Medicine
10:35	BREAK
10:45	Stellate ganglion injection Rahul Rastogi, MBBS, Director of UIHC Pain Clinics, Co-Director, Comprehensive Pediatric Pain Clinic, Clinical Professor of Anesthesia
11:15	Dysautonomia Paari Dominic, MD Associate Professor of Internal Medicine—Division of Cardiovascular Medicine, Chief, Section of Clinical Cardiac Electrophysiology, Associate Director, Cardiovascular Disease Fellowship Program
11:45	Cases and Clinical Pearls Lauren Graham, MD, MPH Clinical Assistant Professor of Internal Medicine, Director of the Post-COVID clinic at Iowa Health Care
12:15 PM	LUNCH BREAK
1:00	Q&A Panel Drs Comellas, Gehl, Wiblin, and Graham
2:00	Long COVID program at On With Life Paula Duve PT, DPT, CBIS, CSRS
2:20	BREAK
2:30	RECOVER-AUTO; IVIG OR Ivabradine for PASC. Iowa Health Care Maria I Aguilar Pescozo, MD, Clinicals Trials Research Associate, Department of Internal Medicine
3:00	Pulmonary Rehabilitation Janine Kelly, PT DPT
3:30	Patient Story
4:00	ADJOURN



In support of improving patient care, this activity has been planned and implemented by the University of Iowa Roy J. and Lucille A. Carver College of Medicine and the UI College of Pharmacy, ACP Iowa Chapter, and Iowa Chapter of SHM. The University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.